



ISEI Newsletter, Issue 1, April 2013

Dear colleagues,

We are pleased to present the first newsletter of the *International Society for Emotional Intelligence* (ISEI). Our non-profit organization was created in 2012 by the past and current conference chairs of the International Congresses on Emotional Intelligence. This conference series was developed by Dr. Pablo Fernandez-Berrocal and has gathered every two years: 2007 (Malaga, Spain), 2009 (Santander, Spain), 2011 (Opatija, Croatia) and will meet again this year in New York, USA from September 8 – 10, 2013 (www.icei2013.org).

The purpose of ISEI is to:

- Support and encourage the advancement of EI theory, research and professional practice through the dissemination of cutting edge knowledge of scientifically-based approaches.
- Promote relevant EI events and publications worldwide (such as conferences, certification programs, workshops, books)
- Provide a format for professional networking that will foster and create international and intercultural collaborations

At the heart of it, ISEI is dedicated to advancing the EI field and its impact on creating more caring, responsible citizens of our global society. Please visit our conference webpage www.icei2013.org for more information about the New York conference and to become a member of ISEI. We hope you enjoy the newsletter and look forward to seeing you at the conference this September.

Sincerely,

John Pellitteri, Ph.D. Queens College, City University of New York, USA
Pablo Fernandez-Berrocal, Ph.D. University of Malaga, Spain
Vladimir Taksic, Ph.D. University of Rijeka, Croatia
ISEI Co-founders

Congratulations to Peter Salovey and Marc Brackett!



Peter Salovey is the next President of Yale University

In the Fall of 2012, Yale's Provost Peter Salovey, former Director of the HEB Lab and co-developer of the concept of emotional intelligence, has been named as the University's 23rd president.

Professor Salovey has made an outstanding contribution to the field. He has published more than 350 journal articles and essays, focused primarily on human emotion and health behavior. His 1990 article on emotional intelligence, written with collaborator Jack Mayer, has been cited by other scholars more than 4,500 times. He has also authored or edited 13 books, and his work has been translated into 11 languages. His contribution to the development of Yale is equally impressive. He is the only President in the history of the University who has served as the Chair of an academic department, as Dean of the Graduate School of Arts and Sciences, as Dean of Yale College, and as Provost.

The joy that followed his election has been unanimous in both the local and international press. The ISEI is thrilled about the news too and would like to congratulate Peter for his appointment which will be effective on June 30, 2013.

Good luck in your new role, Peter!



Marc Brackett appointed Director of The Yale Center for Emotional Intelligence (YCEI)

Following Peter Salovey's election as President of Yale, Dr Brackett has been appointed Director of the Yale Center for Emotional Intelligence (YCEI) – previously known as the Health, Emotion, and Behavior Laboratory directed by Prof. Salovey until recently. Surrounded by a new team of postdoctoral researchers and associates, Dr Brackett will carry on proudly Prof. Salovey's decades of research on the refinement, measurement, and practical applications of emotional intelligence.

Dr Brackett is the co-creator of the RULER Approach to Social and Emotional Learning (RULER)—a CASEL SElect program. RULER fosters the development of social and emotional skills in children from kindergarten to high school as well as school leaders, teachers, staff, and families.

In recent years, the quality and integrity of Dr Brackett's work with RULER has been increasingly noticed and appreciated by the community. Over 500,000 students in hundreds of schools throughout the world have benefitted from RULER. On March, 13th 2013, a collaborative agreement was officially announced between Dr Brackett's Center and the Botin Foundation of Spain from which the Center will receive a generous grant to advance research in the area of emotional intelligence, notably to study emotion and creativity.

The ISEI wishes all the very best to the Center and its new team.



What has RULER been up to?

The RULER Approach—a CASEL SElect program **developed by researchers of the Yale Center for Emotional Intelligence (YCEI)**— is an evidence-based social and emotional learning program dedicated to help educators and students develop five emotional skills, known as RULER skills:

- **Recognizing** emotions to obtain valuable information about themselves and their environment
- **Understanding** the causes and consequences of emotions to predict behavior
- **Labeling** emotions to describe feelings precisely
- **Expressing** emotions to communicate effectively and in socially appropriate ways
- **Regulating** emotions to promote learning and personal growth, including healthy and mutual relationships

Having **applied our research and programming in over 200 schools**, we have seen first hand the ways our tools address conflicts faced by teachers, students, administrators, and parents.

We are excited to announce **upcoming Train-the-Trainer events in May and August at Yale University**. From May 14th-17th, we will teach The Anchors of Emotional Literacy. From May 21st- 23rd, we will build from the anchor tools with the Feeling Words Curriculum—a framework for enhancing emotion vocabulary in the classroom. Anchors training will also be held August 19th-22nd.

To register for one of our upcoming trainings, contact Bonnie Brown at bonnie@rulergroup.com

For more information about RULER, visit <http://therulerapproach.org/> (RULER) or www.yale-ei.org (Yale Center for Emotional Intelligence)

*Follow us on Twitter: <https://twitter.com/rulerapproach>

*Like us on Facebook: <http://www.facebook.com/pages/The-RULER-Approach/135601309793827>

Selection of recent and forthcoming publications

New article in Psychological Science

Yip, J. A., & Côté, S. (2013). *The emotionally intelligent decision maker: Emotion-understanding ability reduces the effect of incidental anxiety on risk taking.* *Psychological science*, 24: 48-55.

Abstract: In two experiments, we examined how a core dimension of emotional intelligence, emotion-understanding ability, facilitates decision making. Individuals with higher levels of emotion-understanding ability can correctly identify which events caused their emotions and, in particular, whether their emotions stem from events that are unrelated to current decisions. We predicted that incidental feelings of anxiety, which are unrelated to current decisions, would reduce risk taking more strongly among individuals with lower rather than higher levels of emotion-understanding ability. The results of Experiment 1 confirmed this prediction. In Experiment 2, the effect of incidental anxiety on risk taking among participants with lower emotion-understanding ability, relative to participants with higher emotion-understanding ability, was eliminated when we informed participants about the source of their anxiety. This finding reveals that emotion-understanding ability guards against the biasing effects of incidental anxiety by helping individuals determine that such anxiety is irrelevant to current decisions.

The latest from Belgium on Emotional Competencies

The active group of researchers from the Catholic University of Louvain recently teamed up with other Belgian colleagues to produce three new articles on emotional competencies (EC).

The first two articles focus on the validation of EC trainings. The third article shows that a high level of EC is not associated with increased sentimentalism. In short, the findings report that managers with a higher level of EC are better managers (as rated by their subordinates)– their teams are more effective and experience lower levels of stress – but they are not necessarily friendlier.

Nelis, D., Kotsou, I., Quoidbach, J., Hansenne, M., Weytens, F., Dupuis, P., & Mikolajczak, M. (2011). *Increasing emotional competence improves psychological and physical well-being, social relationships, and employability.* *Emotion*, 11: 354 – 366.

Kotsou, I., Nelis, D., Grégoire, J., & Mikolajczak, M. (2011). *Emotional Plasticity: Conditions and Effects of Improving Emotional Competence in Adulthood.* *Journal of Applied Psychology.* Advance online publication. doi: 10.1037/a0023047

Mikolajczak, M., Balon, N., Ruosi, M., & Kotsou, I. (2011). *Sensitive but not sentimental: Emotionally intelligent people can put their emotions aside when necessary.* *Personality and Individual Differences*, 52: 537 – 540.

Forthcoming chapter on EI in the Handbook of Cognition and Emotion

Emotional Intelligence: Reconceptualizing the emotion-cognition link

Authors: Brackett, M.A., Bertoli, M., Elbertson, N., Bauseron, E., Castillo, R., & Salovey, P.

In this chapter, Dr Brackett and colleagues start with recounting the emergence of EI and locate the construct at the intersection of emotion and thought. They summarize key points of the ability model of EI and also provide a brief overview of the other dominant models in the field. The core of the chapter focuses on the positive implications of EI for the workplace and educational settings.

Research on Emotion in Organizations, Vol. 8 (2012)

Experiencing and Managing Emotions in the Workplace

Series editors: Neal M. Ashkanasy, Wilfred J. Zerbe and Charmine E. J. Härtel



This 8th volume contains a further selection of the best papers presented at the Seventh **EMONET** conference (Montreal, Canada, August 2010), following on from Volume 7 and augmented once again with invited chapters authored by leading scholars in the field. It includes emotion research conducted in the USA, Europe, and Australasia. In particular, it features an **interesting chapter on Organizational Emotional Intelligence** (Chap.13: “Organizational EI: theoretical foundations and practical implications”) by **Dr Menges** from the Judge Business School, University of Cambridge.

New Psychometric work on EI measures

Some significant new psychometric work on EI measures is appearing in the literature. The new developments, so far, come from researchers who specialize in psychometrics exclusively. Their work may cause EI measures (and analyses) to become more refined over time. Here is one such paper that has been published recently:

<http://www.psychanalysis.ugent.be/pages/nl/artikels/artikels%20Stijn%20Vanheule/On%20the%20Assessment.pdf>

Upcoming events

4th International Congress on Emotional Intelligence (ICEI)

September 8-10 2013, at the Marriott Downtown Hotel
85 West Street, **New York City, USA**



The conference will feature keynote speeches of several world-renowned experts in the field:

- **Dr. Jack Mayer**, *University of New Hampshire*, Originator of the ability model of EI and co-author, Mayer-Salovey-Caruso Emotional Intelligence Test (MSCEIT)
- **Dr. David Caruso**, *EI Skills Group*, EI consultant and co-author, Mayer-Salovey-Caruso Emotional Intelligence Test (MSCEIT)
- **Dr. Marc Brackett**, *Yale University*, Director, Yale Center for Emotional Intelligence, and co-author of the RULER model of emotional literacy in schools
- **Dr. Cary Cherniss**, *Rutgers University*, Organizational psychology program and co-chair for the Consortium for Research on Emotional Intelligence in Organizations
- **Dr. Helen Riess**, *Harvard Medical School*, Director of the Empathy and Relational Science Program, Department of Psychiatry, Massachusetts General Hospital
- **Dr. Pablo Fernandez-Berrocal**, *University of Malaga*, Director of Emotions Lab, University of Malaga and vice-president, International Society for Emotional Intelligence

Early registration deadline: **May 1st 2013**

Proposal submissions will be accepted until **May 15th**

See <http://www.icei2013.org/attendees/submit-collaboration/> for further information on submitting proposals.

Register Now!

Visit the website at www.icei2013.org to register for the conference or to become a member of the International Society for Emotional Intelligence.

Like the ICEI on Facebook: www.facebook.com/ICEI2013

Follow the ICEI on Twitter: <https://twitter.com/ICEI2013>

EIWP (Emotional Intelligence in the Workplace)

May 29-31 2013, Ashridge Business School, Berkhamsted (near London), UK



The Conference will examine the impact of emotionally intelligent leadership and management in the workplace, taking a multi-disciplinary approach and allowing the cross-fertilisation of ideas, disciplines, research and applications for the global business and academic communities.

Keynote speakers:

Dr. David Caruso (co-developer of the Mayer, Salovey and Caruso Emotional Intelligence Test, MSCEIT)

Professor Lord Patel of Bradford OBE (Senior Partner of CIE LLP and Chair of The International Forum for Community Innovations, TIFCI)

Conference registration is now open, go to www.ashridge.org.uk/eiwp for further details.



Six Seconds is the first and largest organization supporting EQ development, with offices in 10 countries plus over 5000 certified practitioners and partners who are experts in making the science of emotional intelligence into practical solutions for individuals, schools, and businesses.

Visit <http://www.6seconds.org/> for details and key dates of the many EQ certifications organized this year between March and July by Six Seconds.

Emotional Intelligence Summit 2013: EQ for Positive Change

When: 25 May 2013

Where: Steenokkerzeel, Belgium



Join Six Seconds, The Emotional Intelligence Network, in this mini-conference on the latest in emotional intelligence. What's new. What's next. How do we bring the value of EQ to our businesses, clients, and communities? How can we work together to create positive change and support 1 billion people to practice the skills of emotional intelligence?

See <http://www.6seconds.org/events/eq-eu-conference-2013/> for the conference details or email Kim at kim@6seconds.org



Keynote speakers:

*Peter Salovey (Yale University),
Herbert Benson (Harvard Medical School)
Anabel Jensen (Six Seconds),
Daniel Shapiro (Harvard Negotiation)
Marco Iacoboni (UCLA)
Wendy Wu (New Leaders)
Deborah Ahenkorah (Golden Baobab),
Tony Wagner (Harvard Innovation
Mary Helen Immordino-Yang (USC),
Myles Munroe (Bahama Ministries)
Joshua Freedman (Six Seconds)*

A powerful conference on using emotion to catalyze a prosperous, vibrant, compassionate future.

Visit www.nexuseq.com for more information about the Nexus conference and to register.

TEAM Emotional Intelligence Accreditation



Key dates :

March 21/22	Boston (MA), USA
May 23/24	England, UK
June 29/30	Dublin, Ireland
Sept 11/12	New York, USA
November 11/12	Manchester, UK

Conducted by co-creators of the concept of Team Emotional Intelligence and the Team Ei Survey, Professor **Vanessa Druskat**, and Dr **Steven B. Wolff**, with host, Ei consortium member **Geetu Bharwaney**.

This accreditation program equips you in Team Emotional Intelligence Survey and underpinning concepts. Visit <http://www.eiworld.org/teamei/> for more information.

MSCEIT Certification & EI skills training

Dr David Caruso, co-author of the MSCEIT will facilitate several certification workshops in the coming months. The next dates are:

Italy (Florence): May 8-9 2013
Yale University campus: Aug 5-6-7

For more information and registration details see <http://www.eiskills.com/index.html>
Or contact David at david@eiskills.com



Consortium for Research on Emotional Intelligence in Organizations (CREIO)

The Consortium for Research on Emotional Intelligence is a not-for-profit research consortium made up of the world's foremost researchers and scholars dedicated to the scientific advancement of **emotion and emotional intelligence related research in the workplace.**

The Consortium is currently made up of 8 core members (including **Cary Cherniss, Richard Boyatzis, and Daniel Goleman**) and 77 additional members who are individuals with a strong record of accomplishment as applied researchers in the field. There also are six organizational and corporate members.

To keep up to date with the Consortium and the **latest events and research findings on EI at work** visit www.eiconsortium.org/index.html

Contact info: Robert.emmerling@esade.edu

Like the CREIO on Facebook

<https://www.facebook.com/emotional.intelligence.consortium>



Join the **EMONET** e-mail discussion group (FREE) managed by Prof. Neal Ashkanasy to discuss any matters relating to the study of emotion in organizational settings with leading scholars in the field, doctoral students, and experienced professionals from across the globe. EMONET is an active discussion list, with messages and questions on emotions being sent daily. The EMONET membership base is continuously growing and currently stands at more than 1400 members worldwide.

To join, send Neal a message (n.ashkanasy@uq.edu.au) telling him something of yourself and your research interests.

Visit <http://www.emotionsnet.org/> for further information about EMONET.

CALL FOR PAPERS for EMONET IX now OPEN!
Philadelphia, PA, July 30-31, 2014 (Just before the AOM annual meeting)
Deadline for receipt of papers: March 17, 2014

For more information, e-mail one of the conference co-chairs, Neal M. Ashkanasy (n.ashkanasy@uq.edu.au); Charmine E. J. Härtel (c.hartel@business.uq.edu.au); or Wilfred J. Zerbe (wzerbe@mun.ca)

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If you are interested in promoting future events (conferences, training programs, workshops, webinars, etc.) or recent publications on EI in our next Newsletters, please contact our Newsletter Editor, Elise Bausseron, at e.bausseron@business.uq.edu.au

